



CARFIT 

Helping Mature Drivers Find Their Safest Fit

 The American Occupational Therapy Association, Inc.  

Join Us!

Discover your perfect "fit." Attend a **FREE** CarFit Checkup!

CarFit is a **FREE**, interactive and educational program that teaches participants how to make their personal vehicle "fit" them to increase safety and mobility when they hit the road.

- > Review 12 key areas of your fit to your car such as adequate space from the steering wheel, proper seat belt use, and properly adjusted head restraints.
- > Learn how to use and adjust your safety devices.
- > Each checkup takes about 20 minutes—this is not a driving test or mechanical inspection.

To schedule your 20-minute appointment, please call the number listed on the right. Appointment spaces are limited, so don't wait!

For more information, visit www.car-fit.org.

CarFit is an educational program developed by AAA, AARP, and the American Occupational Therapy Association.

 **Mobility Week**
OCT 27 – NOV 3, 2018

Carfit Event

Friday, Nov 2, 2018
from 9 a.m. – 12 p.m.

Casselberry Recreation Center
200 N. Triplet Lake Drive
Casselberry, FL 32707

Space is limited.
Call Karen Sorrentino at **407-262-7700**
(Extension 1575) to register.

